

Introduction to Health Online Tutorial

Dr Bev Turnbull

Senior Lecturer

Faculty of Education, Health and Science

Charles Darwin University

I sometimes get asked the following questions:

- Why do I need to write essays to become a health professional?
- Why do I need to learn database searching to become a health professional?

In answer to these questions, once you are registered and in the workforce you need to be able to:

- Interpret and apply instructions from medical staff and supervisors
- write clear and comprehensive notes about patient or client conditions
- think critically when assessing patient's or client's needs
- prioritise your time
- find and evaluate information about certain illnesses or health problems
- reflect on your practice and improve your skills.

All of these skills are highly valued in the workplace.

Your journey through university will assist you in being able to accomplish these. This is also called lifelong learning.

Many people will be able to help you on this journey, lecturers, librarians, IT staff and other support people.

The library here at Charles Darwin University provides access to a large number of quality resources for your learning.

These include books, journals, DVDs and links to reputable websites.

However, it takes time and regular use to learn about these resources. This is why the librarians have developed this online tutorial. It has been developed to help you, the health student, find the scholarly information that we expect you to use when writing essays at university.

The tutorial has been produced as a tool you can work through now, but also as something you can refer back to when you need a refresher throughout your course.

Take responsibility for your own learning, work through the tutorial, practice seeking information regularly and study to the best of your ability to ensure a positive journey through university.